



**Come help the
“Just for Today”
OA meeting
celebrate
25 years
of recovery!**

25TH OA ANNIVERSARY!

THE 12 FREEDOMS OF OA RECOVERY

1. Freedom from the obsession with food
2. Freedom from insanity and hopelessness
3. Freedom from the bondage of self
4. Freedom from dishonesty
5. Freedom from isolation
6. Freedom from running the show
7. Freedom from self-reliance
8. Freedom from blame
9. Freedom from fear
10. Freedom from complacency
11. Freedom from loneliness
12. Freedom from lack of purpose

**Monday, September 24, 2018
7:00 - 8:30 p.m.**

Speakers!

Door Prizes!

Raffle!

Fellowship!

**ST. MARY'S
EPISCOPAL CHURCH**

**41 Park Street,
Manchester, CT
(on the corner of Park and
Church streets)**

**Enter the far left doors on
the Church Street side.**