

The CT Intergroup Newsletter

WOULD LIKE TO HEAR FROM YOU



Together We Can

- Share the Story of How OA Helped You
- Describe Your OA Experience
- Inspire Other Members With Your Journey

Some Guidelines:

- Focus on your OA journey & recovery.
- Relate how the Steps, the Traditions, the Concepts, &/or the Tools aided in your recovery.
- Share how you maintained your abstinence, weight loss &/or weight gain.
- We also accept original poetry, photos and humorous anecdotes.
- 300 words

PLEASE EMAIL

**Your Stories of Recovery to:
artistjudi@sbcglobal.net**

All submissions must be the original work of the sender. Submissions must be legible and may be edited for use on an OA affiliated website or publication. Submissions become property of OA, Inc. and will not be returned or acknowledged when received. Please include your full name, address, and contact email with your submission. You may request anonymity. Otherwise, you will be identified by your first name and hometown. Submission does not guarantee publication. We do not publish stories that contain outside issues or do not show recovery through the OA program.