



## SPEAKER BANK OPEN FOR BUSINESS

Connecticut Intergroup announces the establishment of a SPEAKER BANK to help connect speakers and meetings looking for speakers. OA'ers with 60 days of abstinence and willing to qualify or speak on OA subjects such as Big Book or Steps are needed.

First and foremost, THANK YOU to all members signing up. This can be extremely valuable service for meetings and YOU.

What is a **qualifier meeting**? A member who is abstinent and working the program tells his/her story up to the level of where they are in the program. They don't have to be old-timers, abstinent for years, or have finished all the steps to be a testimony to the truth that the program works if we work it. A second type of speaker meeting is where the speaker – after briefly telling his/her story – concentrates on a particular subject, such as steps or the Big Book.

In a one hour meeting the speaker usually speaks up to 20-30 minutes and follows the Big Book pattern of what I was like, what happened, and what I am like now. At least three major things usually come out of these meetings: inspiration, education, and growth. **Inspiration**: A speaker by sharing his/her experience, strength, and hope shows others that the program works, if we work it. **Education**: Members learn the nuts and bolts of "how to work it" by listening to how other members have done it. **Growth**: There is no question that sharing our abstinent story, whether we are here 6 months or six years, promotes our personal growth.

If your meeting would like a speaker, contact me by email, text, or telephone at the addresses below and I will put you in contact with potential speaker(s). It will be up to you to work out the details. Naturally, there is no guarantee. **Signing up does not commit anyone to speak.**

Anna  
(860) 212-5434 cell  
[Ambrescia54@gmail.com](mailto:Ambrescia54@gmail.com)





OA'ers with 60 days of abstinence and willing to "**qualify**" or speak on OA subjects such as Big Book or Steps are asked to provide the following information to the Speaker Bank coordinator. Again, signing up does not commit anyone to speak.

First name & last name initial: \_\_\_\_\_ Date \_\_\_\_\_

City \_\_\_\_\_

Telephone \_\_\_\_ Cell \_\_\_\_ Landline \_\_\_\_\_

Best time to call \_\_\_\_\_

Email: \_\_\_\_\_

Length of time in program \_\_\_\_\_

Current back-to-back abstinence \_\_\_\_\_

Days of the week you are available to speak:

Mon \_\_\_\_ Tues \_\_\_\_ Weds \_\_\_\_ Thurs \_\_\_\_ Fri \_\_\_\_ Sat \_\_\_\_ Sun \_\_\_\_

Time of day you are available:

AM \_\_\_\_ Afternoon \_\_\_\_ PM \_\_\_\_ All of these \_\_\_\_

Are you willing to travel? Yes \_\_\_\_ No \_\_\_\_ How far from your residence? \_\_\_\_\_

Have questions, concerns? Call/text Anna for assistance at (860) 212-5434  
or email to [ambrescia54@gmail.com](mailto:ambrescia54@gmail.com)